The Causes of Intellectual Disability

INTELLECTUAL DISABILITY IS NOT CONTAGIOUS

Below is a list of the known causes of intellectual disabilities

At Risk of Developing Intellectual Disabilities

- Genetics: E.g. abnormalities in genes
- Pregnancy: E.g. use of alcohol, illness during pregnancy
- Difficulties at birth: E.g. premature birth, deprivation of oxygen
- Health/Environmental Problems: E.g. childhood diseases, injuries, lead exposures
- Severe Poverty and Deprivation: Poor nutrition

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